The BACK HOME BOX Foundation has one goal—to give as many of our deployed troops as possible the simple pleasure of opening a box of things they miss. Here is a list of some of the most popular items and where we often shop for them.

**Letters to Soldiers**
If you have time, the troops love to read letters from home. Drop off your letters and cards with us and a self-addressed envelope (no stamp necessary) and you just might hear back from a soldier who receives a “Back Home Box!”

Letters, cards, and drawings from children are especially appreciated!

**Other items that are useful:**
Clear packing tape for tape guns, crossword and puzzle books, Gift Cards to any stores listed on this page.

**Things that don’t ship well:**
Chocolate (except Tootsie rolls, M&M’s), chips, Pringles, glass containers, cosmetics (not allowed)

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**From the Dollar Tree:**
- Single size drink mixes
- BumbleBee tuna/ham/chkn salad kits
- Fig and Fruit bars
- Cheese dip, Handi-Snack packs
- Jerky, Slim Jims
- Trail Mix, peanuts, cashews
- Hand sanitizer
- Foot powder, Body powder
- Lip balm, chapstick
- Baby wipes, Q-tips, Vaseline
- Sunscreen, After Sun lotion
- Playing cards
- Analgesics, antacids, eydrops
- Shampoo, body wash
- Peanut butter
- Canned soups
- Boxed cookies

**From BJ’s, Sam’s, Costco:**
- Tootsie Roll midges, bulk
- Nuts, any type
- Peanut butter, nut butters
- M&M’s, individual size
- Coffee, tea, hot chocolate, individual creamers, sweeteners
- Oreos—any size packaging
- Powdered drink mixes—Crystal Light, Koolaid, Country Time
- Individual Trail Mix packets
- Snack size raisins, Craisins, fruit snacks
- Vienna sausages
- Canned soups, stews
- Beef jerky, Slim Jim
- Rice Krispie treats
- Granola bars, protein bars
- Snack size nut packets

**From Walmart:**
- Powdered drink mixes (bulk and individual size)
- Boxed cookies, snack cakes
- Instant coffee, hot chocolate, cider, tea
- Sweeteners, individual creamers
- Tuna dinner kits
- Just-add-water meals: potatoes, rice, ramen, noodles
- Ravioli, Chef-Boyardee
- Canned soups and stews
- Boot length socks, tube socks
- Playing cards and poker chips
- Peanut butter
- Nuts
- Snack packs—nuts, trail mix, dried fruit

**Grocery store specials:**
- Canned soups/stews
- Ravioli, Spaghettios
- Fruit cocktail, canned peaches, pears, pineapple
- Small mustard, BBQ sauces, Texas Pete
- Peanut butter, jelly (in plastic, if at all possible)
- Baked beans, Spam, Treet, potted meat, sardines, Vienna sausages
- Hard cookies—molasses, ginger snaps, sugar cookies, etc.
- Breakfast bars, granola
- Boxed snacks, cookies
- “Lunchbox” snacks
- Cereal bars
- Fruit roll-ups, fruit snacks