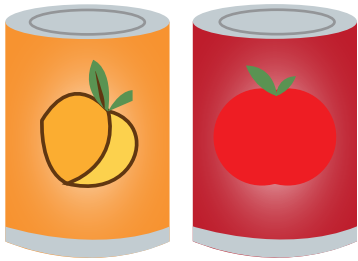
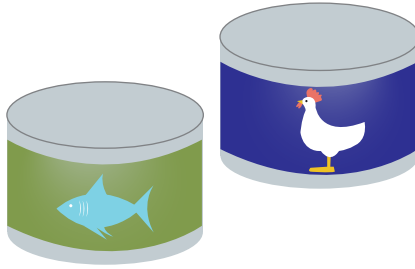


MOST NEEDED DISASTER RELIEF ITEMS

CANNED FRUITS & VEGGIES (pop top cans)



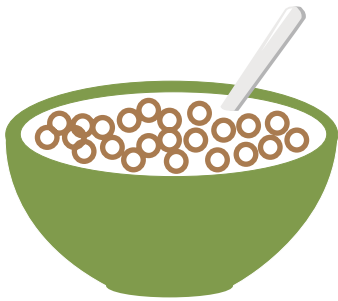
CANNED MEAT & FISH (pop top cans)



CANNED BEANS & SOUP (pop top cans)



CEREAL, OATS & OATMEAL



WHOLE GRAIN PASTA & RICE



PEANUT BUTTER



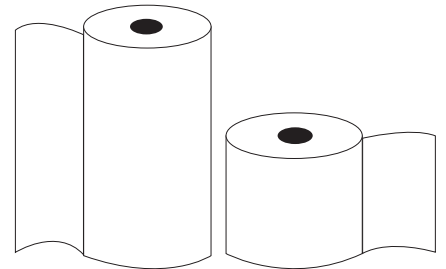
HYGIENE ITEMS



HOUSEHOLD ITEMS



PAPER PRODUCTS



BEVERAGES

Powdered Milk Drink Mixes
Instant Tea Water
Coffee Juice
Cocoa

OTHER FOODS

Dried Meats
Dried Fruits
Nuts, Seeds & Trail Mix
Granola & Protein Bars
Single serving meals that do not
require refrigeration or cooking



POP TOP CANS & MICROWAVABLE CUPS PREFERRED
LOW SODIUM • LOW TRANS FAT • SUGAR FREE • NO GLASS
FOODBANKCENC.ORG